

I have had some really positive feedback about the Ogden event and was pleased to see the diversity of running backgrounds represented. Frankly, it's become a beast of an area, everything seems slower, heavier, deeper. Or, I'm just getting older? If you thought, 5.6km is just over a Park Run, you might have had a surprise!

The whole mapRunF approach is a learning curve for us as a club as well as everyone taking part. In retrospect, testing out this tech at the second event in the series, in a forested environment with a map that has 'evolved' over about 20 years may not have been the best idea. The stretching and tweaking of the map to better fit the strict geography of GPS was achieved by the combined tech task force of Richard Payne and James Williams. Thanks and well done. Dave Harrison has kept the information and availability of resources through the website efficient. Thanks as well.

What has been forced on us through necessity may well be the future of locally based training and low key competition. These are so much easier to stage than traditional events and the flexibility suits people. We have many good maps and really diverse terrain we use too infrequently. Hopefully there'll be much more orienteering in EPOC's area as we go forward.

I'm really looking forward to the rest of the series.

Spread the word!

Jonathan Emberton